

2 Ways to Support Workplace Safety

Workplace safety is made up of three components:

Physical Safety



Having the right tools, equipment, and environment to prevent injury.

Emotional Safety



Feeling supported and free to express concerns without fear or judgement.

Psychological Safety

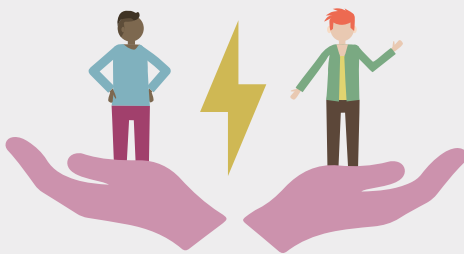


Having the skills and confidence to respond to conflict and emotionally intense situations.

Safety doesn't happen by chance – it's built with intent.

Start here!

1 Support safer responses to conflict.



A safe workplace doesn't avoid conflict, it equips people to handle it well.

- Define what harmful behaviour looks like (e.g., bullying, harassment, violence).
- Train staff to recognize early signs of escalation.
- Provide tools for de-escalation and clear, compassionate communication.

2 Build mutual understanding.



Inclusion is more than a policy, it's a practice.

- Clarify what DEI means in your context.
- Identify and address biases and systemic barriers.
- Create a culture of empathy, curiosity, and connection.